

# AROUND THE COFFEE POT...

Volume 5, Issue 3

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## WHAT'S IN THE NEWS AT THE CLUB...

1) Fundraising for our building renovation project continues to move along very well; plans are available to see via the web-site and at the club meeting room; working on finalizing site plans, floor plans, furniture plans, landscaping needs and total project costs; will break ground in spring and hope to have completed by 7/1/09; donation envelopes available at club with recognition opportunities with donation of \$ 100 or more; now set up to accept stocks & bonds as gifts as well; also accept donations via



mail to PO Box 422!

2) Morning meetings for men & women on Monday, Wednesday & Friday that have been meeting at 7 am will move to 8 am start time

beginning Wed, 9/3

- 3) Reminder that we are trying to sell the old trailer previously used to sell goods in the park—best offer opportunity!
- 4) Thanks to the Sunday morning group for assistance in purchasing the second picnic table outside the building
- 5) Speakers set for rest of 2008—see right
- 6) Participant surveys completed from 8/2 to 8/8—thank you all who participated—results on page 2
- 7) Summer in Charlevoix pictures—some of us are here year 'round!

### Current Membership

Past Due	5
Due in 2008	10
Due in 2009	25
Due in 2010+	7
Lifetime	17
TOTALS	64

### Upcoming Events:

- Speaker meetings at Alano Club—3rd Friday of the month—6:30 potluck, 7:00 speaker
- 9/19—Nannette W from Boyne City
- 10/17—Tom C from Boyne City
- 11/21—Jim R from BC
- 12/19—Richard O from Charlevoix
- Legacy Group Business Meeting—Sunday, September 7th at 11:45 am
- Board Meeting—Monday, September 8th at 6:30 pm at BASES



*Einstein said, "Not everything that counts can be counted, and not everything that can be counted counts."*

**SERENITY HOUSE - ALANO CLUB OF CHARLEVOIX, INC.**

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*Helping you help yourself.*

**We're on the web:  
charlevoixalano.org**



**Recovery Happens Too!**

## AND THE SURVEY SAYS...

A survey was conducted at the Alano Club from 8/2/08 thru 8/8/08. We requested that each person in attendance complete just one anonymous survey during the course of the week. **87 surveys** were turned in. The questions and the results follow:

- 1) How many meetings do you normally attend on a weekly basis? **3.4 meetings per week average**
- 2) How many meetings do you attend at this facility? **3.1 meetings per week at this location**
- 3) How long have you been clean & sober? **81 responses for average of 10.5 years (less than 1 year=19, 1-5 yrs=19, 6-10 yrs=7, 11-15 yrs=5, 16-20 yrs=15, 21-25 yrs=15, 26-30 yrs=2, 31+ yrs=1)**
- 4) Male or Female? **48 males, 38 females, 1 no response**
- 5) Age? **83 responses for average of 54.2 years of age (20's-1, 30's-5, 40's-25, 50's-23, 60's-21, 70's-6, 80's-2)**
- 6) County or state of residence? **Michigan counties: Charlevoix—59, Antrim—7, Oakland—4, Emmet—2, Ingham-1, Livingston-1;**

*The "Serenity House - Alano Club of Charlevoix, Inc." was organized in 1986 to provide an alcohol and drug-free environment for 12-step recovery programs. The organization is a non-profit corporation governed by a volunteer Board of Directors elected from its membership. Club membership is never required and should never be implied for participation in 12-step meetings held at the club. We request each group to organize itself as suggested through their respective 12-step program to avoid any violation of their traditions. Alano Club membership dues are \$5 per month or \$50 per year or you can invest in a lifetime membership for \$1,000. For your membership, you will receive monthly newsletters, have voting rights in determining the activities of the organization, receive an anniversary coin at no cost, have more opportunities for fellowship and service through our annual bowl-a-thon, Venetian Booth and special events. As a club member, you will also be making a positive contribution toward the continuation of recovery support services in our community. Meetings held at the Alano Club in Charlevoix account for over 30% of available meetings within a 40 mile radius. Revenues to cover the \$25,000 annual operating budget for the Alano Club come from the following sources: 36% from Meeting Rent, 32% from Fundraising Activities, 20% from Donations, and 12% from Membership Dues. You can join the Alano Club by using one of our donation envelopes at the Club or mail in your membership dues along with your name, address, city, state, zip and e-mail address if you have one. Checks can be made payable to "Charlevoix Alano Club".*

Other states: Florida—3, California—2, one each from North Carolina, Missouri, Colorado, New York, Illinois, Texas & Washington, DC and 1 no response

- 7) How important are meetings at this location to your recovery? **Rank scoring 1 thru 5 with 1 being "not at all" and 5 being "very much so" - average 4.7 from 87 responses**
- 8) Occupation? **Answers were across the board with the most common response of 23 retired and 9 no responses**
- 9) Suggestions / additional services? **There were lots of excellent suggestions that will be reviewed in detail by the board. Themes included: be open more as a club, more meetings on weekends and nights, social events, no sweets at meetings, additional meetings such as ACOA, GA, Codependency, more Alanon, larger facility, more chairs for Sunday AM meeting, basic book packet, smaller tables, recreational ac-**



The Alano Club is supported by the Charlevoix Emmet United Way.

**activities on location as a club house such as games, cards, chess, pool table, ping pong, etc.**

### REMINDERS FROM LAST MONTH:

The Legacy Group's next business meeting will be on 9/7/08 at 11:45 am. The Legacy Group registered all AA meetings that meet at the club. See Helga S, Dave G, Judy R or Linda T for more information.

Video news clip of the Club's fundraising plans was done on 7/9/08—see the clip at the following link: <http://www.fox33.com/category/story/?id=138118>

Over 200 building demolition pictures are available at the following location: <http://www.charlevoixalano.org/demo/index.html> (username is: alano ; password is: recovery)

Membership drive continues. Please let regular attendees at the Club know that they are welcome to become a member for \$50 per year or \$1,000 lifetime membership. For their membership, they receive newsletters and updates, free sobriety coins, voting privileges in club business and an opportunity to serve others as much as you are willing and able—no major requirement. Membership dues keep the club going.