

BACK TO BASICS



Dr. Bob and Bill W—AA Co-Founders

The primary objective of **Back to Basics** is to provide the recovery community with meeting formats that are historically accurate and replicate those conducted in the 1940's and 1950's when A.A. experienced a 50-75% recovery rate from alcoholism. For the most part, these formats have been lost to the fellowship. This meeting will be in a **"Beginners' Meeting"** format in which newcomers take all Twelve Steps in four one-hour sessions.

This workshop will be held at the Charlevoix Alano Club, 106 Mason Street

This workshop is **OPEN TO ALL** who are interested in learning more about the 12 steps and how they are guides to daily living. Great for those that have been attending 12-step programs for years or for those who have never attended a 12-step meeting and would just like to know more about how and why so many people are helped in dealing with compulsive behaviors since AA's beginnings in 1935.

All in One Day!!

11:00 am to 4:00 pm

Try and attend with your sponsor or sharing partner. If you are coming in solo, that is fine too. We will try and find a sharing partner for you if you would like.

Lunch on your own from 1:00-2:00

If you have Questions or would like more information, please contact Scott at 231-881-0810

**Upcoming
Workshop date:
All in One Day
on a Saturday**

February 9, 2019

There is no cost for this program. Feel free to bring your own book of Alcoholics Anonymous if you would like but it is not required. Note paper optional. We will be utilizing an audio recording of the program accompanied by a power point slide presentation on the big screen.